

Case Management Plan

Client details

Client name	Case worker	Case coordinator
Miriam	Lucien Carone	James John

Presenting issues

You're feeling unsafe with Brad still calling and threatening. You haven't found a safe home for you and Jay, and it's making you anxious. You want to communicate by email only. Things are overwhelming, but you're starting to feel hopeful. You need help with housing and your Centrelink appointment

Summary of needs to be addressed (immediate, short- and long-term needs)

You need urgent housing assistance for yourself and jay. For long term plans you need support with managing anxiety, support with finding a stable house that is affordable and safe from Brad

Goals

The following goals are determined by the client (complete relevant parts and add more rows as needed).

Health (including mental health)

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1. Managing anxiety and emotions	Connecting with a peer support group involving former victims of domestic abuse	The family co, offers therapy groups where victims of domestic violence can talk to each other	Emotional support can begin wherever you want. However finding a home for you is the most urgent thing	You and I will stay in touch by email to monitor how things are going. I'll check in regularly to see what's working and what needs to change. Every fortnight I will check on you.
2.				
3.				

Cultural, religious and communication needs

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				

Housing

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1. Short term housing to save you from homelessness	we can look at emergency or transitional accommodation options that are safe and suitable for you and Jay	Alice's Support Services provide temporary homes for woman who have suffered from domestic violence.	Finding housing for you and jay is an urgent matter that needs to be taken care of immediately	You and I will stay in touch by email to monitor how things are going. I'll check in regularly to see what's working and what needs to change. Every day I will check on you until you have found a home
2. Long term housing so you have a secure, stable and affordable place to live	For long-term housing, we'll explore more permanent solutions—like public housing, community housing, or private rentals with support.	Centre link can find a private rental and support you with paying rent.	This will be the next step after finding a temporary accommodation	You and I will stay in touch by email to monitor how things are going. I'll check in regularly to see what's working and what needs to change. Every week I will check on you until you have found a home
3.				

Social networks

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				



Family or interpersonal relationships

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				

Social living skills and peer relationships

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				

Income

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1. Finding a suitable income	Getting available benefits and finding a stable job	Centrelink provides both Parenting Payment, Rent Assistance and they connect job seekers with employment service providers who offer assistance in finding work.	We can start looking for benefits and a stable job as soon as possible	I will check in on you every week until you have gotten both your benefits and a stable job.



Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
2.				
3.				

Education/employment

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				

Legal and justice issues

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1. Increase legal safety from brad	Provide information on legal options (e.g. AVO, police reporting). Refer to a legal aid service for advice and support.	Police for enforcement of any legal protections. Legal Aid NSW for support	Law enforcement should stop brad as soon as they have been altered	I will contact you every month for 6 months until brad has completely stopped contact with you.
2.				
3.				



Other issues (e.g. physical, transport needs, etc.)

Goals	Strategies	By whom (both within and by other agencies)	By when	Responsibility and evaluation of progress towards goals (monitoring and review of plan)
1.				
2.				
3.				

Risk management plan

What risks are involved in implementing the plan? Mark the level of risk, e.g. extreme, high, medium and low.

Level of risk	Description of risk
Extreme risk	[Click/tap here to enter text]
High risk	This plan has a high risk factor
Medium risk	[Click/tap here to enter text]
Low risk	

How will risks be assessed?

This plan has a high risk factor become Brad may be triggered and may plot to do something despite the restraining order.



Who will manage risks?

The housing service I have provided specialized with victims of domestic abuse and will prioritize staying keeping you at a safe place where you wont be found
28/07/2025

Next planned review meeting

Completed by

Name of client

Miriam

Signature

Miriam

Date

01/07/2025

Name of case worker

Lucien Carone

Signature

LCarone

Date

01/07/2025

